



The Self-Aware Leader Workshop

Overview

Growing research indicates that successful leaders who possess a deep self-awareness are able to connect and engage with others in meaningful ways. This workshop will help you assess your preferences as a leader and form a plan for self-empowerment, using the Myers-Briggs Type Indicator® tool. The MBTI® is a widely administered personality inventory used by 89 of the Fortune 100 companies according to CPP®. Knowing your personality type is a powerful skill for you to understand your personal preferences in a positive way and appreciate the preferences of others that are different from yours.

Target Audience

Leaders and managers at all levels (including aspiring leaders). This is an introductory-intermediate level workshop.

Learning Outcomes

- Develop a basic understanding of type concepts and how they influence our interactions.
- Understand your own personality type preferences, including how you prefer to become energized, take in information and make decisions.
- Increase your behavioural versatility to be more effective in a wide range of situations.
- Learn to appreciate, value, and work with other personality types preferences.
- Learn the Z model for effective decision-making and problem-solving.

Topics Covered

- Understanding the role of personality preferences at work
- Exploring the MBTI® personality dimensions
- Individual MBTI® personality assessment
- MBTI® and leadership
- The effects of personality differences in the work environment
- Practical strategies for working through differences

Details

- Date: Thursday, March 26th, 2020 - 9h to 16h30
- Location: Dieppe, N.B.



Facilitator:
Tammy L. Carroll, Ph.D.

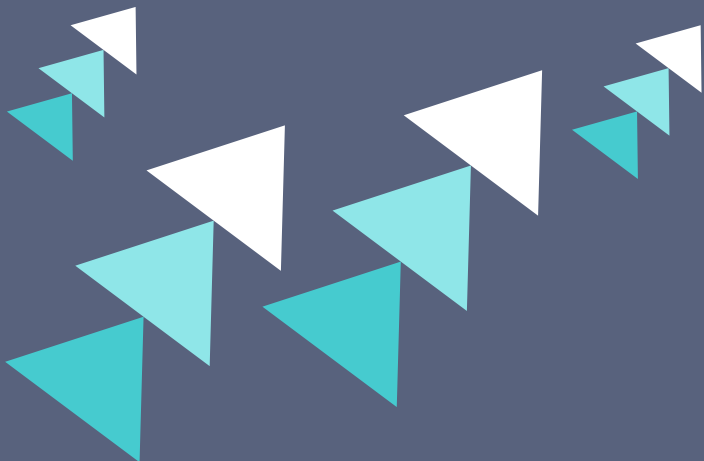
Method of delivery

Presentation, video, personal reflection, and group discussions.

Investment

450\$ per participant (including a personalized MBTI® Step I report & workshop material).
Lunch and refreshments are included.

Registration deadline: March 16th, 2020. Seats are limited. Register at www.eventbrite.ca



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